

# Hibiscus Tea



## Ingredients

- $\frac{3}{4}$  cup dried hibiscus petals
- 4 cups water
- $\frac{1}{3}$ – $\frac{1}{2}$  cup sugar
- Optional: cinnamon stick, lime juice

## Recipe

1. Boil 2 cups water with hibiscus petals (and optional cinnamon) for 10 min.
2. Strain into pitcher. Add sugar and 2 cups cold water.
3. Chill and serve over ice. Garnish with lime wedge.